

**As a part of your registration for the Back to School Brawl we ask that each fencer bring a donation to CFA's first annual food drive.**



**Foods items most needed:**

Snacks for Children  
Small containers of fruit juice  
Canned chicken/meat, meat stew, or chili  
Canned spaghetti/ravioli  
“Hamburger Helper”, “Tuna Helper” or something similar  
Mayonnaise, mustard, tomato ketchup, cooking oil  
Baking mixes (cake/muffin mix, “complete” pancake mix etc.)  
Jam & Jelly, syrup for pancakes  
Tea & Coffee

**The Emergency Food Bank also distributes personal hygiene items such as:**

Soap (regular size bar)  
Toothpaste  
Toilet paper  
Shampoo – 8oz-12oz bottles  
Deodorant

**Please check expiration dates as we cannot distribute out-of-date food.**

**No “jumbo” size containers, please.**